## Andante Cantabile

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Music: "Andante Cantabile", Al Stratton Ensemble, Ballroom Star 2, Casa-Musica.de download
Footwork: Opposite, directions for man (lady as noted)
[suggested syncopations noted]
Phase \& Rhythm: Phase V - Waltz
Difficulty Level: Above Average (syncopations)
Sequence: Intro, A, B, B, Ending


## MEASURES

INTRODUCTION
1-4 WAIT 1; TOGETHER to BFLY; ROLL 3; CHASSE to SEMI dlw;
$1 \quad$ [Wait 1 Meas] Opn fcng DRW trail feet free pntd sd trail hnds jnd slght rght (Ift) sway;
2 [Together Bfly] Sd \& fwd R sway to left (rght) \& trn upper body to Ift (rght) across 3 beats bfly fc DRW;
3 [Roll 3] Sd \& fwd L strt LFroll (lady RF) to LOD, R, sd \& fwd L to $1 / 20$ opn DLW;
4 [Semi Chasse 12\&3] Thru R, sd \& fwd L/cl R, sd \& fwd L blnd to semi DLW;
PART A
1-8 NATURAL WEAVE 3; SYNCOPATED HOVER CORTE; BACK WHISK; SEMI CHASSE; THRU to QUICK TELEMARK; OPEN NATURAL; OUTSIDE SPIN \& PIVOT to a; EROS LINE;
1 [Natural Weave 3] Thru R DLW trn RF, sd \& fwd L trn RF (fwd L), sd \& bk R to bjo bkng DLC (trn LF sd \& fwd L);
2 [Sync Hover Corte 123\&] Bk L in bjo, bk R blnd cp trn LF, sd \& fwd L trn LF hover action to bjo/rec bk R in bjo bkng DRW;
3 [Bk Whisk] Bk L in bjo, slght trn RF sd \& bk R, trn RF XLIBR (XRIBL) to semi DLC;
4 [Semi Chasse 12\&3] Thru R, sd \& fwd L/cl R, sd \& fwd L in semi DLC;
5 [Qk Telemark 12\&3] Thru R body trn LF pkup lady cp, fwd L trn LF/fwd \& sd R trn LF (Lady toe trn \& cl L), trn LF sd \& fwd L to semi DLW;
6 [Open Natural] Thru R trn RF, fwd \& sd L trn RF, sd \& bk R trn RF to bjo bkng DLW;
$7 \quad$ [Outside Spin Pivot] Strong trn RF bk $L$ toe in (Lady fwd $R$ in bjo trn RF), fwd R DLW heel to toe spin RF (cl L \& toe spin RF), bk \& sd L pvt RF to fac COH in CP;
8 [Eros Line 1--] Trn RF fwd \& sd R LOD w/lift action to cause lady to raise rght leg, slght shape lft,- (bk L \& raise rght leg to eros line shape to rght, extnd, --);

9-14 HINGE; IMPETUS to SEMI; WEAVE to BANJO; CURVED FEATHER CHECK; OUTSIDE CHANGE to SEMI;
$9 \quad$ [Back to Hinge 1--(12-)] Rec sd L RLOD body trn LF, cont body trn LF, Iwr to hinge line fc DRC (trn LF sd \& bk R, XLIBR sml step, Iwr \& extnd R fwd in hinge line);
10 [Impetus Exit 1-3 (123)] Body trn RF fwd $R$ heel to toe trn RF, brsh $L$ to $R$ trn RF, sd \& fwd $L$ semi DLC (fwd R trn RF, bk \& sd L spn RF brsh R to $L$, sd \& fwd $R$ to semi);
11-12 [Weave] Thru R, fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo, bk $R$ to $c p$ trn $L F$, sd \& fwd L to bjo DLW;
13 [Curved Feather Ck] Fwd R trn RF, fwd \& sd L foot trn RF, strng body trn RF sml step fwd R to bjo DRW ckng (bk L, bk R foot trn RF, strng body trn RF sml step bk L in bjo);
14 [Outside Change Semi] Bk Lin bjo, bk $R$ to $c p \operatorname{trn} L F$, sd \& fwd $L$ to semi DLW;

PART B
1-8 CHAIR RECOVER SLIP; QUICK LOCK \& WEAVE to SEMI; WING; CHECK lady DEVELOPE; HOVER CORTE; OUTSIDE SPIN; QUICK \& SLOW LOCK;;

1 [Chair Rec Slip ] Fwd R in semi soften knee no sway look DLW, rec L rising com slght LF trn, strong rise trn LF bk R slip pivot blnd to cp fc DLC;
2-3 [Qk Lock Weave 1\&23123] Sd \& fwd LL DLC trn LF/lk RIBL (Ik LIFR) cp DLC, fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo, bk R to cp trn LF, sd \& fwd L to semi DLW;
4 [Wing 1- - (123)] Fwd R body trn LF, body trn LF, body trn LF tch L to R sdcr DLW (fwd L, slght body trn LF sd \& fwd R crv LF, body trn LF fwd L to sdcr);
5 [Check Develope 1--] Ck fwd L in sdcar DLW, strghtn Ift knee slowly shape body to lady keep rght leg extnded bk under body,- (ck bk R in sdcr, raise lft knee, kick left leg to DRC \& lower to R);
6 [Hover Corte] Bk R trn LF, sd \& fwd L trn LF hover action to bjo, rec bk R in bjo bkng DLW;
$7 \quad$ [Outside Spin] Strong trn RF bk L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to toe spin RF (cl L \& toe spin RF), sd \& bk L slght trn RF to fac RLOD in CP;
8 [Quick \& Slow Lock 1\&23] Body trn RF bk R to bjo/lk L IFR (Ik R IBL), bk R in bjo, Ik L IFR (Ik R IBL) bjo bkng LOD;

9-16 BOX FINISH; HOVER TELEMARK; NATURAL HOVER CROSS;; DOUBLE REVERSE; HOVER; QUICK OPEN REVERSE; BACK CHASSE to SEMI;
9 [Box Finish] Bk R bkng RLOD blnd cp trn LF, sd \& fwd L trn LF, cl R cp DLW;
10 [Hover Telemark] Fwd L, fwd \& sd R trn LF, sd \& fwd L to semi DLW;
11-12 [Hover Cross 123 1\&23] Thru R, trn RF fwd \& sd L, trn RF fwd \& sd R to sdcr LOD slght sway left; fwd L in sr toe ckng/rec R body trn LF momntry cp, sd \& fwd L to bjo DLC, fwd R bjo DLC (thru L, body trn RF fwd R btwn man's feet cont RF trn, sd \& bk L to sder head lft; bk R in sdcr ckng/rec L momntry cp, trn LF sd \& bk R to bjo, bk L in bjo);
13 [Double Reverse 12- (12\&3)] Fwd L trn LF, fwd \& sd R trn LF, spin LF on R to cp DLW (Bk R, trn LF on R heel transfer weight to L/ trn LF fwd \& sd R, trn LF XLIFR); [Hover to Semi] Fwd L, fwd \& sd R slght body trn LF strt blnd semi, sd \& fwd L to semi DLC;
15 [Quick Open Rev 12\&3] fwd $R$ in semi, fwd $L$ trn LF to cp/trn LF sd \& bk R to bjo LOD, bk L in bjo LOD; note: lady may use open or closed head

## REPEAT PART B

## ENDING

1-8+ SYNCOPATED CHAIR; OPEN NATURAL; OUTSIDE SPIN; REVERSE IMPETUS; OPEN IMPETUS; THRU SIDE LOCK; OPEN TELEMARK; THRU to HINGE; + [Sync Chair 1\&23] Thru R relax R knee fwd poise/rec bk L, strng rise cl or sml stp bk R hold shape, sd \& fwd L in semi DLW;
2 [Open Natural] Thru R trn RF, fwd \& sd L trn RF, sd \& bk R trn RF to bjo bkng DLW; [Outside Spin] Strong trn RF bk L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to toe spin RF (cl L \& toe spin RF), sd \& bk L slght trn RF to fac DRW in CP;
4 [Rev Impetus] Bk $R$ in $c p$, trn LF on $R$ heel transfer weight to $L$, trn $L F$ sd \& bl $R$ to bjo bkng DLW;
5 [Open Impetus] Bk $L$ in bjo, trn RF on $L$ heel transfer weight to $R$, trn $R F$ sd \& fwd $L$ to semi DLC;
6 [Thru Sd Lock] Thru R trn LF, sd \& fwd L trn LF, Ik RIBL cp DLC (fwd L trn LF, fwd \& sd R trn LF, Ik LIFR);
7 [Open Telemark] Fwd L trn LF, fwd \& sd R trn LF (Lady heel trn), trn LF sd \& fwd L to semi DLW;
8+ [Hinge 12- - (123) ] Thru R, sd \& fwd L to semi LOD trn body LF, Iwr to hnge line (swvl LF XLIBR sml stp Iwr extnd R fwd in hnge line); extnd shape as music fades

## SEQUENCE: Intro A B B Ending

