

DON'T LET THE OLD MAN IN

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Rhythm: Bolero

Phase: 6

Footwork: Opposite except where W's noted by ()

Timing: SQQ unless otherwise noted

Music: "Don't Let the Old Man In"

Artist: Toby Keith

(music available online at iTunes Music Store, AmazonMP3)

Sequence: Intro-A-B-A(1-8)-C-Bmod-A(9-16)mod-End

Speed: slow to 42 rpm (about 7%)

INTRO

1-4 WAIT; CUDDLES; 2X; LADY FACE for OPEN BREAK to LOW BFLY;

- 1 (CUDDLE POS WALL, TRL FEET FREE) *{wait}* wait 1 meas;
- 2-3 *{cuddles}* sm sd R w/ R sd stretch leading W to open out, -, sd L w/ L sd stretch, rec R w/ R sd stretch leading W to fc (sd L, -, swivel 1/2 RF sd R to 1/2 OP, rec L swivel LF to fc ptr); cl L w/ L sd stretch leading W to open out, -, sd R w/ R sd stretch, rec L w/ L sd stretch leading W to fc (sd R, -, swivel 1/2 LF sd L to Left 1/2 OP, rec R trng 1/2 RF to fc ptr) to end CUDDLE POS WALL;
- 4 *{op brk}* sd & fwd R, -, chk bk L blending to lo BFLY, rec fwd R outsd ptr (sd & bk L, -, chk bk R blending to lo BFLY, rec fwd L);

PART A

1-4 START a CHECKED RIGHT PASS into WRAP & WHEEL; [to WALL] ADVANCED SLIDING DOOR; w/ SIT LINE; [TRAIL HANDS] (LADY SPIRAL & ROLL to OPEN WALL) M in 2;

- 1 (LO BFLY WALL) *{chk R pass to wrap & wheel}* fwd & sd L comm RF trn raising ld hnds high keeping trl hnds jnd, -, cont RF trn XRIB of L w/ ronde to WRAP, cont RF trn fwd L trng to fc DLW (fwd R, -, fwd & across L comm RF trn, cont RF trn bk R) to WRAP POS DLW;
- 2-3 *{adv sliding door w/ sit line}* in WRAP fwd R twd DLW cont RF trn to fc WALL, -, chk fwd L, rec R (bk L, -, chk bk R, rec L); XLIB of R trng slightly LF raise ld hnds, -, in lo BFLY lunge sd & bk R, rec L (fwd R twd LOD, -, trn 1/2 RF on R undr jnd ld hnds then chk bk L in lo BFLY sit line, rec fwd R);
- QQ(SQQ): 4 *{W spiral & roll to OP WALL}* tch R to L trng RF to fc WALL raise trl hnd rel ld hnd, -, rk bk R, fwd L (fwd L spiraling RF undr jnd trl hnds, -, cont RF trn fwd R trng RF to fc COH, sd L trn RF to fc WALL) to OP WALL;

5-8 OPEN FENCE LINE; (LADY ROLL IN to WRAP) MAN ROCKS; MAN HOLD (LADY SLOW SPIRAL); - -, to CROSS BODY;

- 5 *{op fence line}* both sd R, -, soften R knee chk LIF flexing L knee looking R extending ld arms, rec R;
- 6 *{W roll in to WRAP}* sd & bk L, rk R, rk L (trng LF fwd L toward LOD, -, fwd R twd LOD trn LF, cont LF trn sd L toward LOD) to WRAP WALL;
- :--QQ: 7-8 *{M hold (W slo spiral) to x body}* hold 3 slo counts on L ft ld W to spiral undr jnd ld hnds, -, -, -, -, slip bk R trng LF ld W across, fwd L cont LF trn to fc COH
- (S--:--QQ): (XRIF of L slowly trng 7/8 LF in 3 slo counts undr jnd ld hnds, -, -, -, -, cont LF trn fwd L, fwd R trng LF to fc WALL) to LOP fcg COH;

9-12 LUNGE BREAK; RIGHT PASS (CLOSING UP) into; DOUBLE CONTRA CHECK;;

- S--(SQQ): 9 *{lunge brk}* sd & fwd R w/ rise, -, lower on R keeping back vertical w/ slight RF trn slide L leg sd & bk, rise on R w/ slight LF trn (sd & bk L w/ rise, -, bk R undr body flexing knee pt L fwd, fwd L) end LOP fcg COH;
- 10 *{R pass}* fwd & sd L begin RF trn raise ld hnds, -, XRIB of L cont RF trn, fwd L (fwd R, -, fwd L begin LF trn, bk R cont LF trn under raised ld hnds);
- QQ: 11-12 *{dbl contra chk}* sd & fwd R blending to CP WALL, -, lower & contra chk fwd L w/ R shldr ld, rec R; pt sd L look L (W look R), -, lower & contra chk fwd L w/ R shldr ld, rec R;

13-16 SYNCOPATED TURNING BASIC FULL AROUND to a; HINGE; RECOVER (LADY REVERSE UNDERARM) to SAME FOOT LUNGE; - -, RECOVER to FACE (LADY CLOSE);

- S&QQ: 13 *{sync trng bas}* sd L trn body RF into high line,-/bk R trng LF w/ slip pvt action, fwd & sd L cont LF trn, sd R cont LF trn to fc WALL (sd & fwd R look R,-/slip fwd L close head to CP, sd & bk R cont LF trn, cl L cont LF trn) end CP M fcg WALL;
- S--(QQ--): 14 *{hinge}* sd L w/ rise & rotate upper body LF to ld W to swvl to hinge, -, lower on L to hinge line, - (sd R, swvl LF on R cl L, flexing L knee extend R fwd twd RLOD look L, -);
- S--:- 15-16 *{rec (W rev U/A) to same ft lunge}* rec R raise ld hnds for W to swvl undr to same ft lunge pos, -, soften R knee look R w/ R sd stretch, -; -, - (rec R swvl LF undr jnd ld hnds, -, soften R knee hd well to L, -; -, -),
- S(QQ): *{rec to fc (W cl)}* rec L, - (rec L trn LF to fc ptr, cl R) to CP WALL;

PART B

1-4 BASIC; to CORTE & HIP ROCKS; [LEAD HANDS] FORWARD BREAK; START AIDA;

- 1 (CP WALL) *{basic}* sd R w/ rise,-, fwd L soft knee, bk R;
- 2 *{corte & hip rks}* bk & sd L using lowering action w/ supporting leg relaxed, -, rk fwd & sd R, rk bk & sd L;
- 3 *{fwd brk}* rel trl hnds sd & fwd R, -, chk fwd L, rec bk R;
- 4 *{start Aida}* sd L trng to "V" shape twd LOD, -, thru R, trng RF step sd L;

5-8 AIDA LINE w/ HIP ROCKS; FORWARD to FACE, & RIFF TURN to CLOSED; RIGHT LUNGE, & RECOVER; OPEN BREAK to LOW BFLY;

- 5 *{Aida line w/ hip rks}* cont RF trn bk R in Aida line, -, rk fwd L, rk bk R;
- 6 *{fwd to fc, & riff trn to cp}* fwd L trn LF to fc ptr, -, sd R, cl L (fwd R trn RF to fc ptr, -, sd & fwd L, spin LF on L to fc ptr/cl R to L) blending to CP WALL;
- SS: 7 *{R lunge, & rec}* soft L knee sd R bending R knee to R lunge pos, -, rec L, -;
- 8 *{op brk}* sd & fwd R, -, chk bk L blending to lo BFLY, rec fwd R outsd ptr (sd & bk L, -, chk bk R blending to lo BFLY, rec fwd L);

PART A(1-8)

1-4 START a CHECKED RIGHT PASS into WRAP & WHEEL; [to WALL] ADVANCED SLIDING DOOR; w/ SIT LINE; [TRAIL HANDS] (LADY SPIRAL & ROLL to OPEN WALL) M in 2;

5-8 OPEN FENCE LINE; (LADY ROLL IN to WRAP) MAN ROCKS; MAN HOLD (LADY SLOW SPIRAL); - -, to CROSS BODY;

- 1-8 (LO BFLY WALL) repeat Part A, meas 1-8;;;;;;;

PART C

1-5 [SHAKE HANDS] OPEN CONTRA BREAK; FULL MOON;;;;

- 1 (LOP FCG COH) *{op contra brk}* jn R hnds sd & fwd R w/ R sd stretch, -, fwd L across body w/ R shldr ld flexing knee while looking at ptr, rec R (sd & bk L, -, bk R under body flexing knee & looking well L, rec L);
- 2-5 *{full moon}* comm LF trn sd & fwd L, -, trng LF bk R, cont LF trn fwd L bringing R hands up behind W to lead spiral (trng RF sd & fwd R, -, fwd L, fwd R twd WALL/spiral 7/8 LF); fwd R WALL jn L hnds to VARS POS WALL, -, chk fwd L, rel L hnds bk R (cont LF trn fwd L WALL to VARS POS WALL -, chk fwd R, bk L trn RF); bk L trng 1/8 LF, cont LF trn bk R, cont LF trn fwd L bringing R hands up behind W to lead spiral (fwd R twd M's R sd trng RF, -, fwd L, fwd R twd COH/spiral 7/8 LF); fwd R COH jn L hnds to VARS POS COH, -, chk fwd L, rel L hnds bk R (cont LF trn fwd L COH to VARS POS COH, -, chk fwd R, bk L trng RF);

6-8 LADY SWIVEL to CROSS BODY; NEW YORKER; SPOT TURN;

- 6 {*W swvl to x body*} bk L, -, slip bk R trng LF ld W across chg to ld hnds, fwd L bet W's ft cont LF trn to fc WALL (fwd R twd M's R sd swvl RF, -, fwd L trng LF twd WALL, fwd R trng 1/2 LF to fc ptr);
- 7 {*NY*} sd R trn RF w/ rise to fc RLOD in L OP, -, ck thru L soft knee, rec R trn LF to fc ptr;
- 8 {*spot trn*} sd L,-, thru R trn LF to fc RLOD, rec L trn 1/4 LF to CP WALL;

PART Bmod

1-4 BASIC; to CORTE & HIP ROCKS; [LEAD HANDS] FORWARD BREAK; START AIDA;

5-8 AIDA LINE w/ HIP ROCKS; FORWARD to FACE, & RIFF TURN to CLOSED; SLOW RIGHT LUNGE; & EXTEND, RECOVER;

- 1-6 (CP WALL) repeat Part B, meas 1-6;;;;;
- S--;--S; 7-8 {*slo R lunge & extend, rec*} soft L knee sd R bending R knee to R lunge pos & hold 3 slo, -, -, -, -, -, rec L to loose CP WALL, -;

PART A(9-16)mod

9-12 ROPE SPIN; w/ RIGHT PASS ENDING to WALL (CLOSING UP) into; DOUBLE CONTRA CHECK;;

- 9 (loose CP WALL) {*rope spin*} cl R to L w/ rise shape to the woman with L side stretch and slight RF body trn, -, rk sd L soft knee, passing under jnd ld hnds rk sd R (small fwd L outsd ptr spiral RF on L under jnd ld hnds to end at M's R sd, -; moving clockwise bhd M fwd R, fwd L);
- 10 {*w/ R pass endg*} rk sd & fwd L raise ld hnds & shape to ptr, -, rec bk R trn RF, small fwd L (fwd R trng to fc ptr & RLOD, -, fwd L begin LF trn, bk R cont LF trn under raised ld hnds);
- 11-12 {*dbl contra chk*} repeat Part A, meas 11-12;;

13-16 SYNCOPATED TURNING BASIC FULL AROUND to a; HINGE; RECOVER (LADY REVERSE UNDERARM) to SAME FOOT LUNGE; - -, RECOVER to FACE (LADY CLOSE);

- 13-16 repeat Part A, meas 13-16;;;;;

END

1-4 HIP ROCKS to a; HINGE (SLOWING); RECOVER (LADY REVERSE UNDERARM) to SAME FOOT LUNGE; CHANGE SWAY;

- 1 (CP WALL) {*hip rks*} rk sd R,-, rk L, rk R;
- 2-3 repeat Part A, meas 14-15;;
- 4 {*chg sway*} trng slightly RF stretching R sd to open hd to L & W's hd to R;