

SUGARCANE

Choreographers: Debby & Tim Vogt, 9033 Sandy Shores Dr, Las Vegas, NV 89117, 702.360.9218

Email: dntvogt@embarqmail.com

Music: "Sugarcane" Ana Olgica - download from Amazon.com

YouTube link: https://www.youtube.com/watch?v=SEZEL_Sa60g

Rhythm/Phase: Waltz – Phase V+1(Same foot lunge)

Sequence: A B A mod C A mod (1-14) Ending Slow to 41 RPM Released: October 2021

PART A

1-8 CP/DLW WAIT;; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DLW;; SLOW FORWARD to; RIGHT LUNGE;

- 1--;1--; 1-4 {**CP/DLW Wt;; Fwd pt; Bk pt;**} Wt 2 measures CP/WALL with ld foot free;; Fwd L, pt R fwd, -; Bk R, pt L bk, -;
- 5-6 {**Vien trns**} Fwd L trn LF, sd R cont trn, XLif of R (Bk R trn LF, sd L cont trn, cl R to L); Bk R trn LF, sd L cont trn, cl R to L (Fwd L trn LF, sd R cont trn, XLif of R);
- 1--; 7 {**Slo fwd to**} Fwd L slight LF trn w/strong L sway (W's head to R), -, -;
- 1--; 8 {**R lunge**} Sd R chng sway (W's head to L) -, -;

9-12 ROLL AND SLIP; TELEMARK TO SCP; SLOW LILT to; CHAIR;

- 1-3 9 {**Roll & slp**} Rolling RF rec L w/slight RF body trn to high line (W's head to R), -, slip R past L end CP/fcg DLC;
- 10 {**Tele to SCP**} Fwd L commence LF trn, sd R cont trn, sd & fwd L to SCP fcg LOD (Bk R commencing LF trn bring L to R, LF heel trn on R changing wt to L, sd & fwd R to SCP fcg LOD);
- 1-3; 1--; 11-12 {**Slo lilt to chair**} Fwd R heel to toe with lilt action, -, fwd L; Chk thru R w/lunge action, -, - (Fwd L with lilt action, -, fwd R; Chk thru L w/lunge action, -, -);

13-16 RECOVER & POINT BACK; CURVED FEATHER; OUTSIDE SWIVEL; LILT PICKUP;

- 1--; 13 {**Rec & pt bk**} Rec bk L, pt R bk, - (Rec bk R, pt L bk, -);
- 14 {**Crvd fthr**} Fwd R comm RF trn, with L sd ld cont RF trn fwd L, cont trn fwd R to BJO chkg (Fwd L, sd & bk R, bk L);
- 1--; 15 {**Outsd swvl**} Bk L, XRif of L no weight, - (Fwd R, swvl RF to SCP, -);
- 1-3; 16 {**Lilt PU**} Fwd R rising heel to toe commence foldg W to CP, -, fwd L slight LF trn (fwd L trng LF to CP, -, bk R) DRW;

PART B

1-4 RIGHT LUNGE; BACK PASSING CHANGE; BACK TURN TO; HINGE;

- 1--; 1-2 {**R lunge; Bk passg chg**} Sd & fwd R, -, -; Bk L, bk R, bk L (Fwd R, fwd L, fwd R outside ptr);
- 12--; ---; 3-4 {**Bk trn to; hinge**} Trng LF bk R, sd & fwd L rotate LF, - (Fwd L, fwd R trng LF, -) Lower twd W on L, -, - (12--; 1--;) (XLib of R soften in knee, -, -);

5-8 RECOVER HOVER TRANS; IN AND OUT RUNS;; FACE POINT;

- 1-3 (123) 5 {**Rec hvr trans**} Rec sd & bk R, brush L to R, fwd R (rec R trng RF, fwd L, fwd R) to SCP;
- 6-7 {**In and out runs**} Blindg to SCP/LOD fwd R startg RF trn, sd & bk L DW, bk R with R sd lead to BJO/RLOD (Fwd L, fwd R, fwd L with L sd lead to BJO); Bk L trng RF, sd & fwd R between W's ft contg RF trn, fwd L to SCP/LOD (Fwd R startg RF trn, sd & sd L cont trn, fwd R to SCP/LOD);
- 1--; 8 {**Fc pt**} Thru R trng to fc WALL, pt L sd, - (Thru L trng to fc ptr, pt R sd, -);

9-12 TWIRL VINE 3; PICKUP TO SCAR; CROSS SWIVEL POINT; CROSS SWIVEL POINT;

- 9 {**Twirl vine 3**} Sd L, XRib, sd R (Sd R beginning RF spin, fwd L spinning RF, sd R);
- 10 {**PU to SCAR**} Thru L comm folding W in front, sd R, cl L (Thru R trng LF, sd L, cl R) to SCAR/DLW;
- 1--; 11 {**X swvl pt**} XLif, swvl LF pt R fwd, -;
- 1--; 12 {**X swvl pt**} XRif, swvl RF pt L fwd, -;

13-16 CROSS HOVER to SCP; OPEN NATURAL; OUTSIDE SPIN; BOX FINISH;

- 13 {**X hvr SCP**} XLif, sd R w/hvrng action & RF rotation, rec fwd L (XRib, sd L trng RF, fwd L to SCP) to SCP/DLW;
- 14 {**Op nat**} Comm RF upper body trn fwd R, sd L across LOD, bk R to BJO (Thru L, fwd R to CP, fwd L);
- 15 {**Outsd spn**} Comm RF body turn toeing in with R sd ld bk L in CBMP small step 3/8 turn to R on step 1, fwd R in CBMP heel to toe continue to turn RF, sd & bk L to end in CP/DRW 1/4 RF turn on 3 (Comm RF body turn with L sd ld staying well in the M's R arm R ft fwd in CBMP outside ptr heel toe, L ft closes to R toe pvt, continue to turn RF 1/4 between steps 2 and 3 fwd R between man's ft to end in CP);
- 16 {**Box fin**} Bk R comm LF trn, sd L, cl R to fc DLW;

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PART A - modified

1-8 HOVER; THRU FACE CLOSE DLW; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DW;; SLOW FORWARD to; RIGHT LUNGE;

- 1 {Hvr} Fwd L, fwd & sd R rising to ball of ft, sd & fwd L (Bk R, bk & sd L, sd & fwd R) to SCP/DLC;
 2 {Thru fc cl} Thru R to fc, sd L, cl R (Thru L to fc ptr, sd R, cl L) to CP/DLW
 3-8 Repeat measures 3-8 Part A

9-12 ROLL AND SLIP; TELEMAR TO SCP; SLOW LILT to; CHAIR;

13-16 RECOVER & POINT BACK; CURVED FEATHER; OUTSIDE SWIVEL; LILT PIVOT;

- 9-15 Repeat measures 9-15 Part A
 16 {Lilt pvt} Fwd R rising heel to toe comm foldg W to CP, -, chk fwd L (fwd L trng LF to CP, -, chk bk R);

PART C

1-4 BACK TURN TRANSITION WOMAN TO SKATERS; FORWARD SIDE CLOSE; SHADOW WHISK; SHADOW CHAIR & HOLD;

- 12-; (123;) 1 {Bk trn trans W to SKATERS} Comm LF trn bk R leadg W to trn LF, sd & fwd L, - (Fwd L trng RF, cont trn on R, sd & fwd L) to SKATERS/DLW;
 2 {Fwd sd cl} Fwd R trng RF, sd L, cl R to L (Fwd R trng RF, sd L, cl R to L);
 3 {SHADOW whisk} Fwd L, sd & fwd R comm rise to ball of ft, XLib cont to rise (Fwd L, sd & fwd R comm rise to ball of ft, XLib cont to rise);

- 1-; 4 {SHADOW chair & hold} Chk thru R w/lunge action, -, - (Chk thru R w/lunge action, -, -);

5-8 RECOVER SLIP TRANS TO CP; OPEN REVERSE; OUTSIDE CHECK; BACK PASSING CHANGE;

- 1-3; (123;) 5 {Rec slp trans to CP} Rec bk L, -, slip R past L chkg (Rec bk L, slip R past L trng LF, small fwd L to CP chkg);
 6 {Op rev} Fwd L trng LF, cont trn sd R, bk L to BJO;
 7 {Outsd chk} Bk R trng LF, sd & fwd L, chk fwd R outside ptr to BJO;
 8 {Bk passg chg} Remaining in BJO Bk L, bk R, bk L (Fwd R, fwd L, fwd R);

9-12 OPEN FINISH; TURNING HOVER to BJO/RLD; CHECK FORWARD W BRUSH; IMPETUS SCP;

- 9 {Op fin} Bk R trng LF, sd & fwd L, fwd R outside ptr to BJO;
 10 {Trng hvr} Fwd L blending to CP comm LF trn, sd & fwd R cont trn, rec fwd L to BJO/RLD;
 1-; 11 {Chk fwd W brush} Check fwd R, -, - (Check bk L, brush Rif of L, -);
 12 {Imp SCP} Bk L trng RF, cl R to L heel trn, cont body trn RF sd & fwd L (W fwd R trn RF, sd & fwd L trn RF, sd & fwd R to SCP) to SCP/DLC;

13-16 THRU to HIGHLINE; & SLIP; DOUBLE REVERSE SPIN in 4;;

- 1-; --3; 13-14 {Thru to highline; & slp} Thru R, sd & fwd L to SCP/DLW with high poise, -, -, -, trng LF slip R past L (Thru L, sd & fwd R to SCP/DLW with high poise, -, -, -, trng LF rec fwd L) to CP/DLC;
 12-; ---; 15-16 {Dble rev spn in 4} Fwd L comm LF trn, sd R cont turn, spin LF on ball of R; cont controlled LF spin on ball of R, -, - (Bk R comm LF trn, close L to R [heel turn], sd & bk R cont LF trn; XLif of R, -, -) to CP/DLW;

PART A - modified (1-14)

1-8 HOVER; THRU FACE CLOSE DLW; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DW;; SLOW FORWARD to; RIGHT LUNGE;

9-12 ROLL AND SLIP; TELEMAR TO SCP; SLOW LILT to; CHAIR;

13-14 RECOVER & POINT BACK; CURVED FEATHER;

- 1-14 Repeat Pt A modified

ENDING

1-6 BACK PREPARATION; SAME FOOT LUNGE; CHANGE SWAY; RECOVER; SWIVEL W TO HINGE; ARMS;

- 1-; (12-;) 1 {Bk prep} Trng RF bk L, tch L to R trng body twd W, - (Fwd R, swvl RF cl L to R, -);
 1-; 2-3 {Same ft lunge; Chng sway} Reach sd R with R sd stretch (W bk R) taking wgt in same ft lunge, -, -; chg sway to open W's head;
 --3; 4 {Rec} Hold, -, on note fwd L comm rise (Hold, -, fwd L comm rise);
 ---; 5 {Swvl W to hinge} Rotate LF, lower twd W, - (Swvl LF on L to CP, soften in knee point R twd RLOD, -);
 ---; 6 {Arms} Slowly extend L arms out to sd;

PART A

- 1-12 WAIT CP/DLW;; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DLW;; SLOW FORWARD to; RIGHT LUNGE; ROLL AND SLIP; TELEMAR TO SCP; SLOW LILT to; CHAIR;
 13-16 RECOVER & POINT BACK; CURVED FEATHER; OUTSIDE SWIVEL; LILT PICKUP;

PART B

- 1-4 RIGHT LUNGE; BACK PASSING CHANGE; BACK TURN TO; HINGE;
 5-8 RECOVER HOVER TRANS; IN AND OUT RUNS;; FACE POINT;
 9-12 TWIRL VINE 3; PICKUP TO SCAR; CROSS SWIVEL POINT; CROSS SWIVEL POINT;
 13-16 CROSS HOVER to SCP; OPEN NATURAL; OUTSIDE SPIN; BOX FINISH;

PART A - modified

- 1-8 HOVER; THRU FACE CLOSE DLW; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DW;; SLOW FORWARD to; RIGHT LUNGE;
 9-12 ROLL AND SLIP; TELEMAR TO SCP; SLOW LILT to; CHAIR;
 13-16 RECOVER & POINT BACK; CURVED FEATHER; OUTSIDE SWIVEL; LILT PIVOT;

PART C

- 1-4 BACK TURN TRANSITION WOMAN TO SKATERS; FORWARD SIDE CLOSE; SHADOW WHISK; SHADOW CHAIR & HOLD;
 5-8 RECOVER SLIP TRANS TO CP; OPEN REVERSE; OUTSIDE CHECK; BACK PASSING CHANGE;
 9-12 OPEN FINISH; TURNING HOVER to BJO/RLD; CHECK FORWARD W BRUSH; IMPETUS SCP;
 13-16 THRU to HIGHLINE; & SLIP; DOUBLE REVERSE SPIN in 4;;

PART A - modified (1-14)

- 1-8 HOVER; THRU FACE CLOSE DLW; STEP FORWARD & POINT; STEP BACK & POINT; VIENNESE TURNS to DW;; SLOW FORWARD to; RIGHT LUNGE;
 9-12 ROLL AND SLIP; TELEMAR TO SCP; SLOW LILT to; CHAIR;
 13-14 RECOVER & POINT BACK; CURVED FEATHER;

ENDING

- 1-6 BACK PREPARATION; SAME FOOT LUNGE; CHANGE SWAY; RECOVER; SWIVEL W TO HINGE; ARMS;