



UNTIL NOW

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Foxtrot; Phase IV [b] + 2 (natural hover cross ending, sit line) + 1 (Fred Astaire kick)

Music: Tami Tappan Damiano, Hot Notes CD, track 3, Amazon download Time & Tempo: 2:48 at 29 mpn

Difficulty Level: Average

Timing: SQQ unless otherwise specified (Lady's if different)

Footwork: Described for Man—Lady opposite (or as noted)

Sequence: INTRO A A B A(mod) C

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INTRO

1-4 WAIT; SIT LINE REC to CP & TCH; TELEMAR TO SCP; OPEN NATURAL;

- 1 [Wait] OP Man fcg DLC & ptr, trail hnds jnd, lead feet free;
- SS& 2 [Sit line recover to CP] Bk L relaxing knee leave R extended,-, rec R,-/tch L CP DLC;
- 3 [Telemark to SCP] Fwd L comm LF trn,-, sd R cont trn, sd & slt fwd L to SCP DLW; (Bk R comm LF trn brng L to R with no wt,-, trn LF on R heel [heel trn]& chg wt to L, sd & fwd R to SCP)
- 4 [Open natural] Thru R comm RF upper body trn,-, sd L acrs LOD, cont trn bk R to BJO fcg RLOD; (Thru L,-, fwd R to momentary CP, fwd L BJO;)

PART A

1 - 4 BK RUN QQS BJO; BK RUN 2 & SLIDE TO SCAR DLC; FRONT TWIST VINE 4; HVR TELEMAR DLC;

- QQS 1 [Back run 3] Bk L LOD in BJO, bk R, bk L BJO but look at ptrn bkg LOD,-;
- QQS 2 [Back run 2 & slide] Bk R returning to BJO, bk L comm LF trn, sd R w/sliding action to loose SCAR DLC,-;
- QQQQ 3 [Twist vine 4] Fwd L twd DLC, trng LF sd & bk R, XLIBR, trng RF fwd & sd R SCAR DLC; (Bk R, trng LF sd & fwd L, XRIF, trn RF sd & bk L;)
- 4 [Hover telemark DLC] Fwd L in BFLY,-, fwd & sd R w/hvrg action trng upper body RF blend to SCP, fwd L SCP DLC; (Bk R in BFLY,-, sd & bk L trng RF to SCP, fwd R SCP DLC;)

5-8 FTHR; BOUNCE FALLAWAY 4 TO BJO; WEAVE 4 ENDING; CHG OF DIR;

- 5 [Feather] Thru R, fwd L, fwd R BJO DLC; (Thru L comm LF trn,-, sd & bk R, bk L BJO;)
- QQQQ 6 [Bounce fallaway to BJO] With lilt action on all 4 steps fwd L comm LF trn, sd & bk R, bk L, bk R to BJO; (Bk R,-, sd & bk L, bk R, rise trng LF fwd R to BJO;)
- QQQQ 7 [Weave 4 ending] Bk L DLC, bk R blend to CP trng LF, cont trn sd & fwd L, fwd R to BJO DLW; (Fwd R BJO, fwd L trng LF, bk & sd R, bk L BJO;)
- SS 8 [Change of direction] Fwd L,-, fwd R trng w/R shldr lead to fc DLC blending to CP drawing L to R,-;

9-12 REV WAVE;; BACK & R CHASSE TO SCAR DLC; HVR CROSS ENDING;

- 9 [Rev wave] Fwd L comm LF trn,-, sd & bk R, bk L CP; (Comm LF trn bk R,-, cl L [heel trn], fwd R;)
- 10 [finish rev wave] Bk R,-, bk L, bk R bkg LOD; (Fwd L,-, fwd R, fwd L CP LOD;)
- SQ&Q 11 [Back & right chasse to SCAR] Bk L,-, comm RF trn sd R/cfs L to R, sd & fwd R to SCAR DLC; (Fwd R,-, comm RF trn sd L/cfs R to L, cont trn bk L to SCAR;)
- QQQQ 12 [Hover cross ending] Fwd L in CBMP SCAR chkg, rec R w/lft sd lead, sd & fwd L, fwd R BJO DLC; (Bk R, rec L, small sd & bk R, bk L BJO;)

13-17 TELEMAR TO SCP LOD; THRU CHASSE TO SCP; FTHR; 3 STEP; OPEN NATURAL;

- 13 [Telemark to SCP LOD] Repeat Intro meas. 3 ending twd LOD;
- SQ&Q 14 [Thru chasse to SCP] Thru R comm trn to fc, -, sd L/cl R, sd L trng to SCP; (Thru L comm trn to fc,-, sd R/cl L, sd R trng to SCP;)
- 15 [Fthr] Fwd R, fwd L, fwd R BJO DLW (Bk L, bk R, bk L BJO;)
- 16 [3 Step] Fwd L w/heel lead,-, fwd R w/heel lead, fwd L to CP DLW; (Bk R,-, L,R to CP;)
- 17 [Open natural] Fwd R comm RF trn,-, sd L acrs LOD, cont trn bk R BJO bkg LOD; (Bk L comm RF trn,-, cl R [heel trn], fwd L BJO;)

REPEAT PART A

UNTIL NOW

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Foxtrot Phase IV(b) + 2 (natural hover cross ending, sit line) + 1 (Fred Astaire kick)

HEAD CUES:

Intro

Wait 1 meas.; Sit line rec to CP & tch; Telemark to SCP; Open natural;

A (17 meas.)

Bk run QQS; Bk run 2 & slide to SCAR; Front twist vine 4; Hover telemark DLC;
Feather; Bounce fallaway 4 to BJO; Weave 4 ending; Chg of direction;
Reverse wave;; Back and R chasse SCAR DLC; Hover cross ending;
Telemark to SCP LOD; Thru chasse to SCP; Feather; 3 step; Open natural;

A (17 meas.)

Bk run QQS; Bk run 2 & slide SCAR; Front twist vine 4; Hover telemark DLC;
Feather; Bounce fallaway 4 to BJO; Weave 4 ending; Chg of direction;
Reverse wave;; Back and R chasse SCAR DLC; Hover cross ending;
Telemark to SCP LOD; Thru chasse to SCP; Feather; 3 step; Open natural;

B (8 meas.)

Impetus to SCP; Lilt run 4; Fred Astaire kick; Right lunge recover close;
Hover to SCP DLC; Feather; Reverse turn 3; Back 3 step;

Amod (18 meas.)

Bk run QQS blend to BJO; Bk run 2 & slide SCAR; Front twist vine 4; Hover telemark DLC;
Feather; Bounce fallaway 4 to BJO; Weave 4 ending; Chg of direction;
Reverse wave;; Back & R chasse to SCAR; Hover cross ending;
Telemark to SCP LOD; Thru chasse to SCP; Feather; 3 step; Open natural;
Impetus to SCP;

C (13+ meas.)

Promenade weave;; Slo fwd to slow right lunge; Slow recover & slip no turn;
Cross hover to BJO; Cross hover to SCAR; Cross hover to SCP;;; Fwd 3;
Qk promenade sway change sway & extend; Slow side hover to SCP LOD;
Thru chasse to SCP; Open natural; Back run 4 blending to CP; Quick corte,